

## **Swan Medical Group**

Newsletter— Autumn 2019



www.swansurgery.co.uk



www.liphookvillagesurgery.co.uk

### New partner news!

Dr Will Driver joined the Swan Medical Group as a salaried GP in November 2017.

We are delighted to announce that Dr Driver has accepted an offer & as of the 2nd September 2019 joins our current team of SMG Partners. Congratulations!



# NHS App

The <u>FREE\_NHS</u> Application lets you book GP appointments, order repeat prescriptions & access a range of other healthcare services. The NHS App is for people aged 13 & over who are registered with a connected GP surgery. However, you can use some of the features without your GP surgery being connected.

- Check your symptoms find reliable NHS information on hundreds of conditions and treatments,
   and get immediate advice
- Book appointments search for, book and cancel appointments at your GP surgery
- Order repeat prescriptions see your available medications and request a new repeat prescription
- View your medical record get secure access to your GP medical record
- Register to be an organ donor easily manage your preferences on the NHS Organ Donor Register
- Choose how the NHS uses your data register your decision on whether it can be used for research and planning

#### **AVAILABLE TO DOWNLOAD FREE FROM YOUR APP STORE NOW!!**

### Cartoon fun!

A massive 'THANK YOU' to

Mr Osborn for donating framed cartoons
featuring Swan Medical Group. Since fetiring Mr Osborn has been functiaising for
Macmillan Cancer Support, by producing
calendars & publications. See if you can
spot them on our walls!



## Loneliness



With Christmas just around the corner and many elderly people with no one to spend it with, we feel it's the perfect time to acknowledge loneliness and what we can do to help.

New analysis by Age UK has found that 1.7 million older people in England can go for a month without meeting up with a friend, and that 300,000 over 65s have not even had a conversation with family or friends over the same period. Christmas can be no different and many spend it alone. If you have an elderly neighbour you know or elderly family, perhaps it is time to get in touch or visit more regularly, to avoid them being alone for so long. There are also places you can go to volunteer to keep elderly people company. Age UK, for example, has a network of local Age UK groups across the country that have opportunities for you to become either an Active Buddy, who helps someone become more physically active, a Befriender, who visits someone who lives alone, or a day centre helper.

### **Parking at Swan Surgery**

As you may know, we introduced car park monitoring at the Swan Surgery site in Spring.



This was done due to people using the car park who were not attending the surgery or the chemist, which meant a lot of our patients could not find spaces.

We have had lots of positive comments from patients who are happy to finally be able to park when attending their appointments.

After listening to feedback there has been extra signage added to clearly outline the restrictions. Two extra tablets for patients to input their registration number, one in the chemist and another at the reception desk. This allows for *ONE HOUR of free parking*.

If you have over run the one hour timeslot due to late appointments please ensure you speak to one of our reception team & they will be able to help you to extend this.

We would like to thank you for your continued support and understanding with this.



# AWARENESS IS POWER! Free Cancer health event with the Swan Medical Group

Date: Saturday 5th October 2019

Time: 9am - 11.15am

Venue: The Avenue Pavilion, Petersfield

Guest speakers and information on how to reduce your risk of Cancer, symptoms to look out for, local support available and much more

To book a place please call: 01730 264011 or 01428 728270 www.swanmedicalgroup.co.uk



## SHE DID ITM

We are proud to announce that Leanda completed her charity abseil down The

Spinnaker Tower on Sunday 8th July!

She has raised over £520 for the Rowan's Hospice!!

Congratulations to Lauren & her husband Chris on the safe arrival of a beautiful baby girl on Sunday 25th August 2019.

Welcome to the World River Grace!